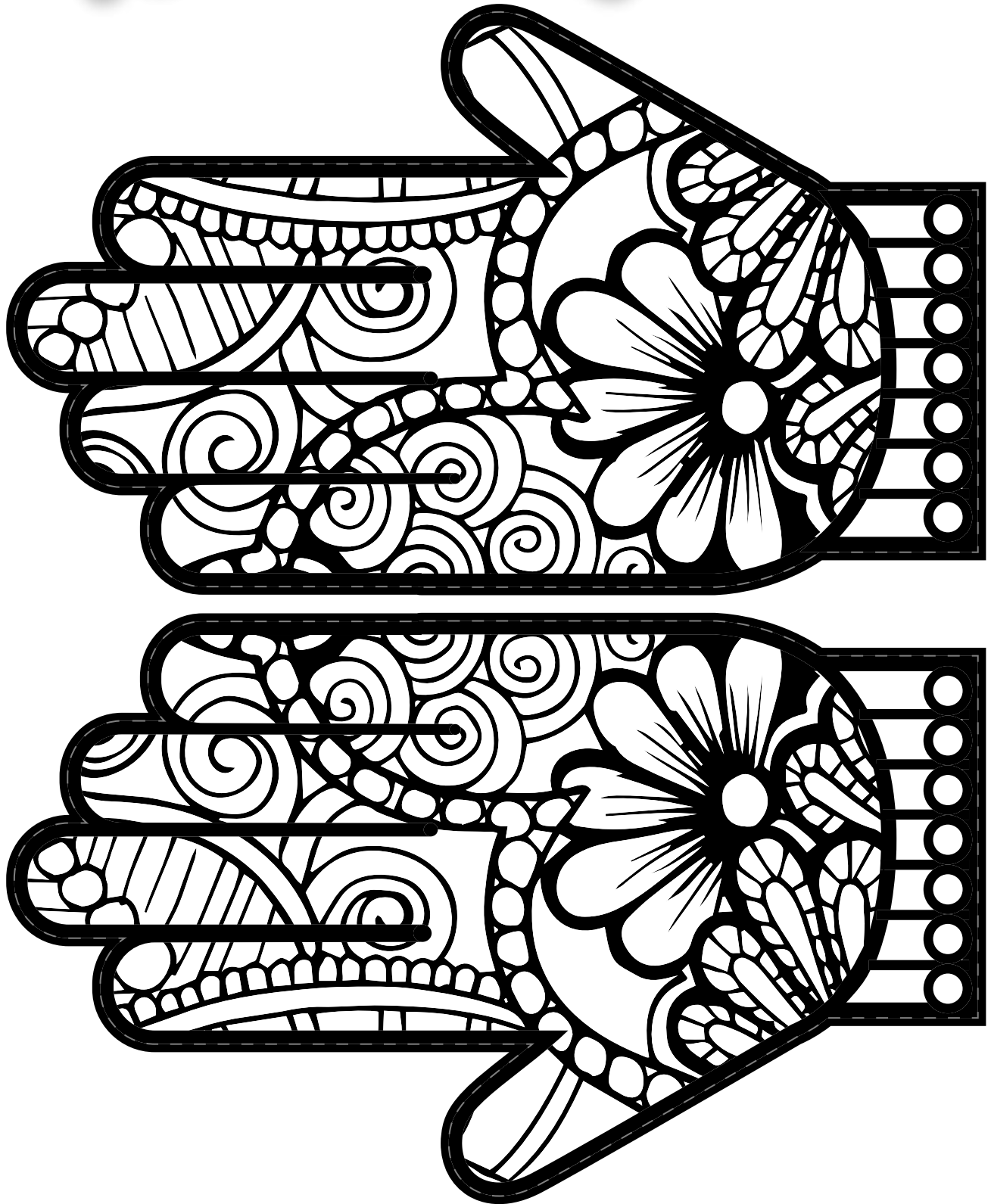
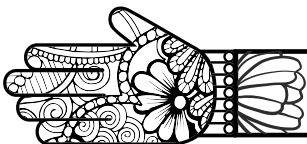


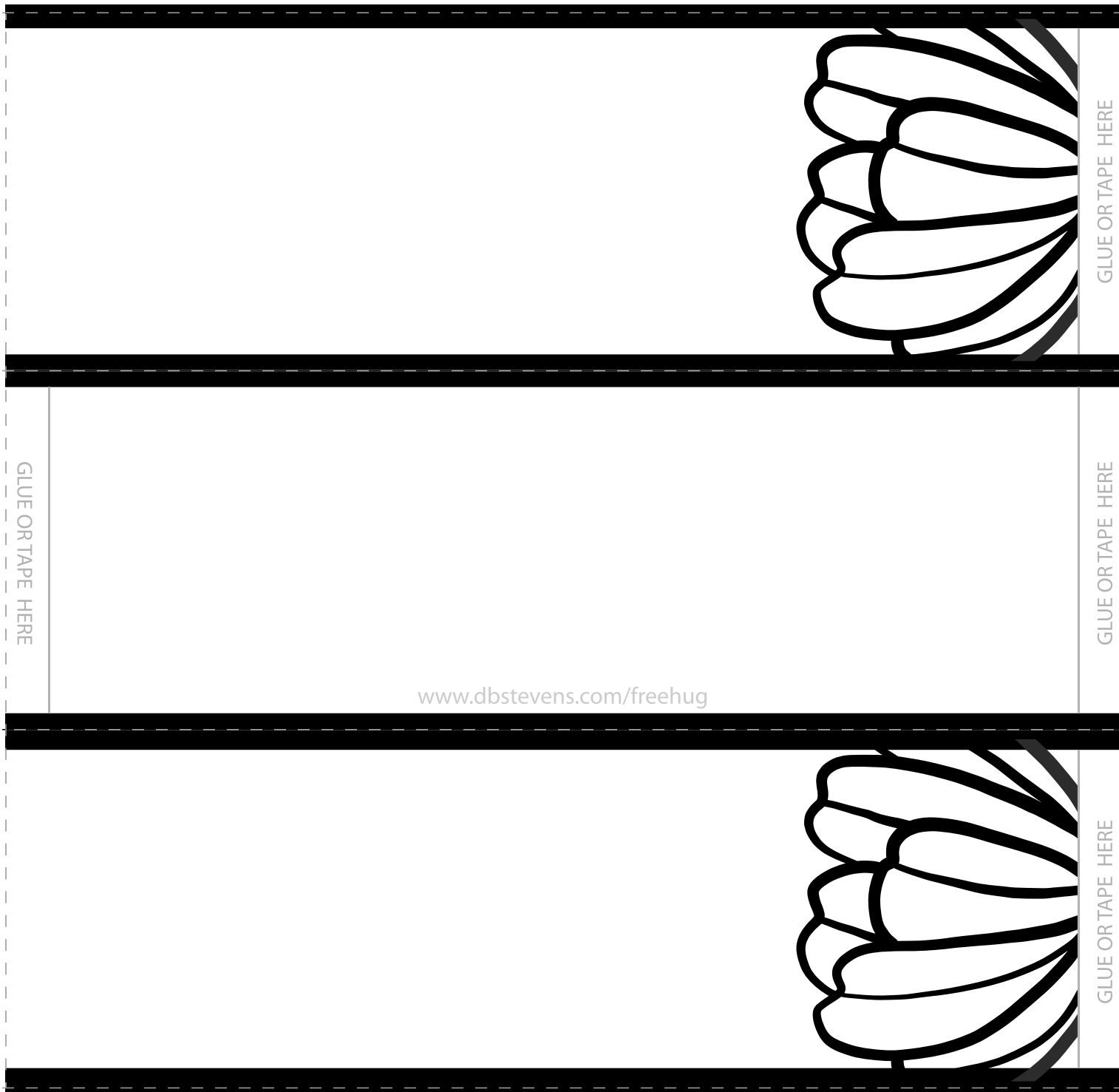
Portable Hug for coloring!



Assembled size: 35 inches. Instructions on next page.

Write your message here





www.dbstevens.com/freehug

INSTRUCTIONS:

1. Print both pages on any printer. Use cardstock or thick paper if you have it, but regular paper is okay if you don't.
2. Using markers or colored pencils, color the arms on this page and the hands on the other page. Be creative!
3. Write your message. Feel free to draw!
4. Cut out the hands and 3 arm sections, and with a glue stick, glue, or tape, assemble them like the illustration on page 1.
5. If you are mailing the hug to someone, fold it in half the long way, then in half again.
6. Insert your folded hug into a #10 envelope, address it and mail! You can also cut out and assemble the hug without coloring it, so that whomever you send it to can do it themselves. Or send this printed page just like it is! If you choose to do that, fold it in half to avoid making a crease in the middle of where you would be coloring, then mail it in a 6x9 envelope.